

Family Strengthening Center at Family Programs Hawaii-2022-2023

Manoa Marketplace

2752 Woodlawn Drive, Suite 5-214

Honolulu, Hawaii 96813

The Family Strengthening Center at Family Programs Hawaii (FSC) is a non-profit community mental health center that primarily provides psychological services in the community for culturally and social economically diverse clients. The FSC's mission is to protect children and facilitate healthy development by strengthening their families. This is accomplished in collaboration with many other organizations and agencies that address the healthy development of children. Through its parent organization, the Family Programs Hawaii, the FSC is accredited by the Council on Accreditation, a nonprofit accreditor of human services. The FSC is located at the Manoa Marketplace in beautiful Manoa Valley with lots of free parking, Longs, Safeway, McDonald's and many other eateries. FSC's services include Comprehensive Forensic Psychological Evaluations usually referred by the Department of Human Services (DHS), Child Welfare Services (CWS); Interpretation of Psychological Evaluations, Mental Health Screenings; Developmental Assessments of Infants and Young Children; Developmental Disabilities Psychological Evaluations usually referred by the Department of Health-Developmental Disabilities Division; Parenting psychoeducation and counseling services; Parent-Child Interaction Therapy; Child-Parent Psychotherapy; Psychotherapy for infants, children, adolescents, adults and families; Group Therapy with children; Crisis assessment and intervention for children in our Center's shelter home of victim of child maltreatment, Psychological Consultations; Community Training and Clinical Supervision opportunities with Graduate School Practicum students.

The FSC specializes in trauma-informed-care and provides an array of diagnostic and treatment modalities to address the mental health needs of individuals affected by interpersonal trauma. The FSC provides psychological mental health services to families involved with the DHS, CWS (Child Protective Services), the Department of Health, Developmental Disabilities Division; the Judiciary Specialty Family Courts: Zero to Three Court, Family Drug Court, Girls Court and Juvenile Drug Court, as well as other families in the community. The FSC participates in the Hawaii Family Court Specialty Courts as their Mental Health Team and all trainees have the opportunity to obtain some court experience. The FSC has a statewide contract to provide Forensic Psychological Evaluation, Mental Health Assessment and Psychological Consultation with the DHS and provides all of the State's CWS psychological evaluations. The FSC also has a statewide contract with the Department of Health, Developmental Disabilities Division to provide psychological evaluation of individuals that are seeking assistance for their developmental disabilities. The clinical psychology trainees will have some opportunity to provide Psychological Evaluations on the neighbor island rural areas. They can also provide a variety of services provided by FPH including but not limited to counseling services for FPH families; Mental Health Services (psychological evaluations and psychotherapy); and provides individual and group supportive and crisis behavioral management services at our Maili Receiving Home (initial placement for children removed from their families due to child maltreatment). The FSC professionals include Licensed Clinical Psychologists, Licensed Clinical Social Workers, Postdoctoral Residents and Doctoral Clinical Psychology Interns. The FSC provide training opportunities for Advance Doctoral Clinical Psychology Practicum Students, Doctoral Psychology Intervention Practicum Students and Doctoral Psychology Diagnostic Practicum Students. In addition to the Hawaii School of Professional Psychology, our practicum students come from a number of different doctoral psychology graduate programs. The Practicum Students need to be matriculating in a graduate program at a regionally accredited university/college. For more information, visit our Center's website at www.familyprogramshawaii.org and or contact the Center's Director, Dr. Cheryl Andaya. Our training includes opportunities in the following areas:

- Forensic Comprehensive Psychological Evaluations for Adults (Parents/Caretakers) and Children (Victims of Child Maltreatment)
- Opportunity to develop psychological evaluations and intervention skills to assess the needs of Hawaii's culturally and individually diverse population including completing evaluations on Kauai, Maui, Molokai, Lanai and Hawaii Island in addition to Oahu (Trainees are located in our Oahu Center and have some opportunity to take day trips to the other islands)
- Opportunity to develop exposure to court testimony
- Evidence-based child and family treatment to include Parent-Child Interaction Therapy and Child Parent Psychotherapy
- Evidence-based individual trauma focused psychological treatment and trauma informed care
- Children's Group Therapy and Child Crisis Therapy and Mental Health Crisis Management


- Comprehensive training in the diagnosis and treatment of Child Maltreatment
- Opportunity to participate in the Annual Hawaii International Trauma Conference
- Opportunity to develop clinical experience in Developmental Disability Psychological Evaluations
- Opportunity to participate in the psychosocial support services programs at the Family Programs Hawaii that focuses on strengthening children in foster care, resource caregivers, and youths that have aged-out of foster care
- Opportunity to obtain Certification in Parent-Child Interaction Therapy
- Opportunity to obtain Specialty Expert Certification in Child Maltreatment
- Opportunity to prepare for Doctoral Psychology Internship and Post-Doctoral Psychology Residency
- Opportunity to participate in Hawaii's Specialty Courts: Zero-To-Three; Family Drug Court, and Juvenile Drug Court and provide psychological consultation to a multidisciplinary court team:

Zero to Three Court: The Zero to Three Court provides court monitoring, support and mental health services to families that have at least one child below the age of 3 years and is known to DHS CWS due to concerns about child maltreatment. The court monitors the family's progress once a month and provides social services support and guidance to strengthen the family and foster health development with the children in the family. The FSC Staff/Trainees attend all of the court hearings and service as the mental health consultant for the court. The FSC Staff/Trainees provide ongoing developmental assessment on all of the children in the family, psychological evaluation on the caretakers to assess risk and to develop treatment services, and psychological evaluations on the children in the family to assess the effects of the family's difficulties and to develop a treatment plan overcome any trauma related psychological problems and to foster health development. The FSC Staff/Trainees also provide individual and group psychotherapy service to the families and consultation to the resource/foster families as well as the children's parents to assist them in address any developmental and other psychological concerns.

Family Drug Court: The Family Drug Court provides court monitoring, support and mental health services to families that have substance abuse as a primary issues and are known to the DHS CWS due concerns about child maltreatment. The Court monitors the families weekly and the FSC Staff/Trainees participate in all of the court hearings, serving as the Mental Health Consultant for the court. The court is also responsible for caretakers that have significant mental health problems in addition to substance abuse. The FSC Staff/Trainees provide comprehensive risk and progress psychological evaluations for the caretakers to assist in making decisions about placement, visitations, progress in treatment and reunification. The FSC Staff/Trainees also complete comprehensive psychological evaluations on children in the family to assess possible effects of the child maltreatment trauma, develop appropriate treatment services, and assess the readiness of visitation and/or reunification. A variety of psychological treatment services are also provided by the FSC Staff/Trainees.

Juvenile Drug Court: The Juvenile Drug Court provides court monitoring, support and mental health services to juveniles on probation that have significant substance abuse problems. The court provides close monitoring of their substance usage and provides an array of supportive services to foster healthy psychological development. The FSC Staff/Trainees provide mental health screenings for adolescents referred to the program and participates in the screening and admission process. The FSC Staff/Trainees also participate in all of the weekly case reviews and court hearings. In addition the FSC Staff/Trainees providing comprehensive psychological evaluation on the juveniles that present possible severe mental health problems.

Center Director

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